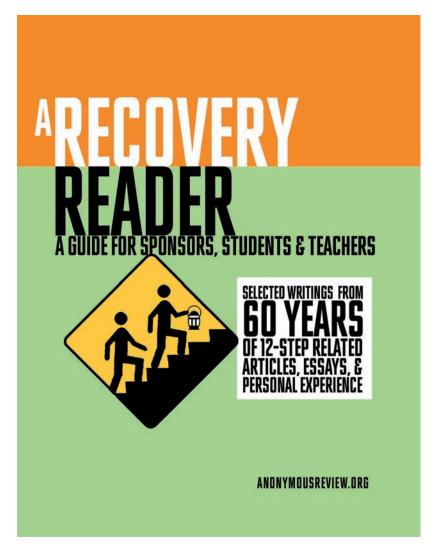
## A RECOVERY READER



## **DETAILS: A RECOVERY READER**

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Hard Copy - Printed & Bound Book (Through print-on-deman with lulu.com)

Paperback - Full with color covers\$ 9.75Hard Cover - Full with glossy hard covers\$ 23.25

**NEW:** Beta test ePub edition (text Only)

oday it is possible for the person new to the fellowship of Alcoholics Anonymous to become lost in the myriad of meetings, books, sayings, slogans, and, at times, conflicting suggestions. It is also possible for the person new to reaching out to the newcomer to become confused as to the best approach. A Recovery Reader, from the Anonymous Review Podcast, provides a simple and understandable introduction to the fellowship of Alcoholics Anonymous, the Program of Recovery, AND Sponsorship. From there, the book takes the reader through all facets of recovery. Best of all, it does this with a wonderful mix of clear explanations and humor.

In 1938, when the Big Book was written, Bill W. said:

"Our hope is that when this chip of a book is launched on the world tide of alcoholism, defeated drinkers will seize upon it, to follow its suggestions. Many, we are sure, will rise to their feet and march on. They will approach still other sick ones and fellowships of Alcoholics Anonymous may spring up in each city and hamlet, havens for those who must find a way out."

Alcoholics Anonymous, page 153

No one could have imagined how large and widespread the fellowship of Alcoholics Anonymous would become. Fearing that they (the original members) would be overwhelmed with requests for help, the book Alcoholics Anonymous was published to provide a concise method of recovery for the lone sufferer of alcoholism. While certainly the book inspired the formation of groups all over the world and has served as the foundational guide for recovery, it could not provide one of the most essential ingredients to recovery, one alcoholic working one-on-one with another alcoholic. The importance of this relationship is borne out in Bill W.'s telling of the story of his encounter with Dr. Bob and the founding of A.A. This relationship between alcoholics would later become known as sponsorship.

The material is laid out so clearly that the newcomer could easily acquaint themselves with all facets of the recovery program, building naturally on the basics to the more advanced aspects of sobriety. For the sponsor, each section is available for individual download and can be easily distributed to sponsees for study and discussion.

For those that find themselves in an area where there may be a limited number of sponsors available, or the sponsor that is overwhelmed by sponsees, *A Recovery Reader* includes a section on setting up classes to study the material!

By far, *A Recovery Reader* may be the most comprehensive collection of recovery resource material available for the newcomer and old-timer alike!



## What is Your Personal Link to Recovery?

When we were new, we had something that we heard, or something we read, or something our Sponsor told us that made it possible to overcome a hurtle in our early recovery.

Sometimes it was from the Big Book.

Sometimes it wasn't, but it helped. Maybe it was a saying, or a poster, or one of those acronyms where someone take a word and makes each letter stand for something in recovery. (See "D.E.N.I.A.L." in this issue)

Where is your helping story?

Do you have a few words to pass along to a newcomer you may never meet?

It doesn't have to be beautiful prose, just an honest feeling that you have held because of what you were given.

If you don't feel comfortable writing a full article, write us with the idea and maybe we can connect a couple of people together to share it through the pages of SPONSOR.

Please, become a part of this project by sharing your experience, strength and hope.





Help a pigeon you may never meet. Submit your personal Recovery tool to: editor@anonymousreview.org